

MY 8-YEAR OLD & I TEACH YOU

How to Sew a Face Mask



1) Prep your fabric

Pre-wash fabric. This is going against your face, so we chose flannel (inner) and cotton (outer facing). Make sure you choose tightly woven cotton.

2) Pin your fabric

Line up your fabric so that the right sides (meaning, the outsides) are facing each other. Place your elastic in between layers. Make sure to lay it flat. Pin in place.

3) Start sewing

Start at the middle, sew to the corner (see video on my blog). When you get to the corner, sew your elastic in place. Go over a few times, to secure in place. Then, keep needle down, lift zipper foot and turn your fabric. Continue to sew down the next side. Repeat sewing elastic on other side.

4) Turn outside out

Remember, you stitched the "right" sides together. So, now you need to turn it outside out before moving to the next step.

5) Pin & Press

Pin 3 pleats on each side (2 on the kids mask). This will create breathing room in the mask. Press with a hot iron to hold pleats in place before going back to sewing machine.

6) Finish Sewing

Sew around the edge of the mask, pulling your pins out as you go. Once finished sewing, press with an iron one more time. There you go. You did it!

Notes:

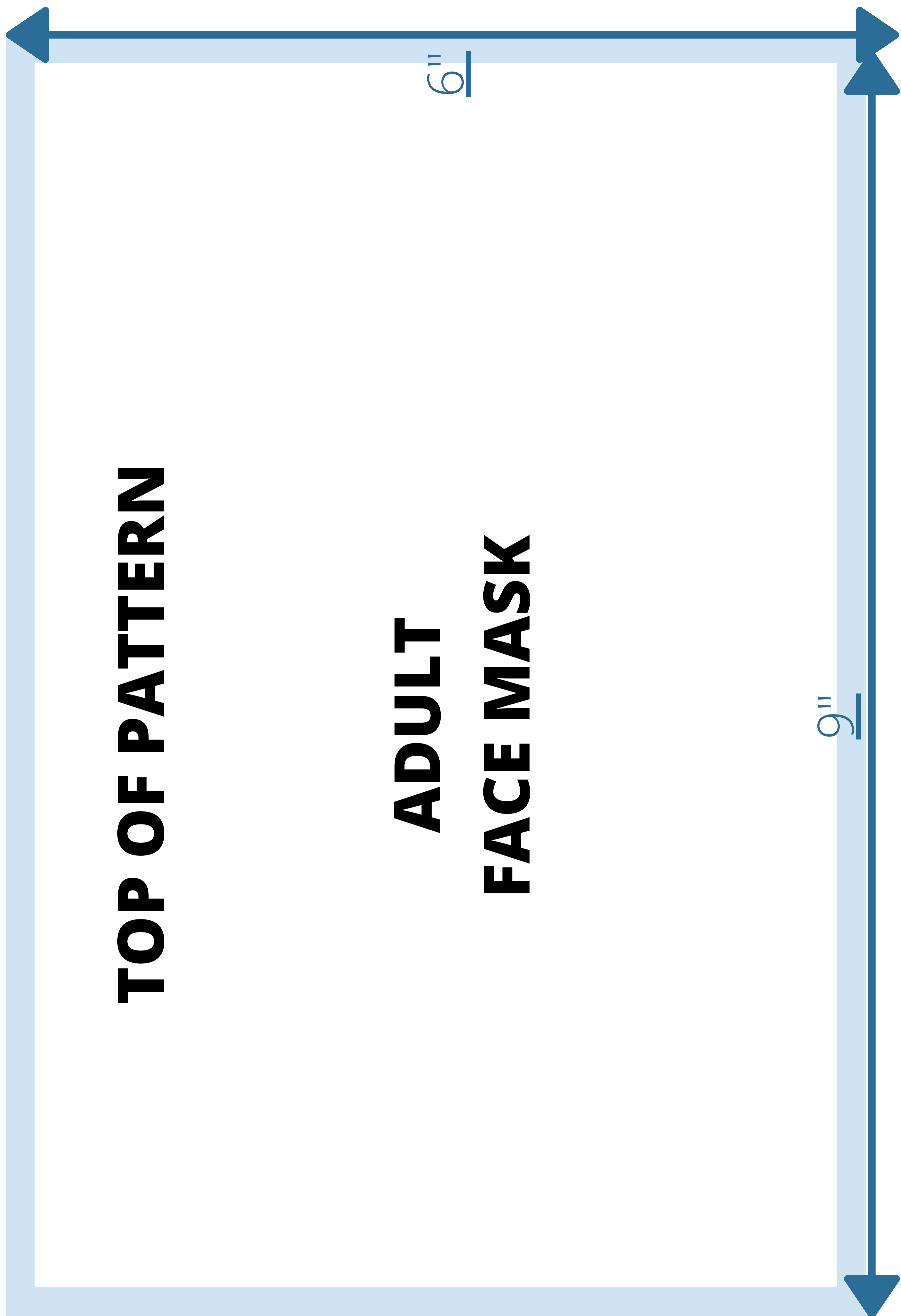
Make sure fabric design is placed horizontally. You may need to adjust elastic length for smaller children.

Watch the full VIDEO tutorial on You Tube at:

<https://bit.ly/EasyFaceMask>



1. Print & cut out 9"x 6" adult face mask pattern (below).
2. Standard home printer may not print to scale.
3. Measure to be sure your rectangle is 9" x 6".



How to Sew a Face Mask

1. Print & cut out 8"x 5" child face mask pattern (below).
2. Standard home printer may not print to scale.
3. Measure to be sure your rectangle is 8" x 5".

